

FACES IN THE CROWD

New chiropractic clinic honors dad

By Megan Mattingly-Arthur

Douglas and Susan Stewart opened the Joint, a chiropractic clinic, on Market Street in December.

The Stewarts dedicated the clinic – the first of four Joint clinics they plan to open in The Woodlands – to Douglas' father, Richard, who passed away in October 2012. Richard Stewart was a strong proponent of chiropractic care, crediting it with the remission of his scleroderma, a chronic, autoimmune disease that causes the hardening of connective tissues.

When Stewart was young, his father was diagnosed and given only three months to live. He suffered from a range of symptoms, including internal bleeding. After doctors sent him home to live out his final

ABOUT DOUGLAS STEWART

OCCUPATION: Entrepreneur
COMMUNITY CONNECTION: Resident of The Woodlands
FAST FACT: In executive management for more than 35 years

days, Stewart took a family member's advice and sought chiropractic care from his cousin.

"We went to Oklahoma City and stayed there for a month, and this chiropractor worked on him every single day," Douglas Stewart said. "Within the first week, he stopped bleeding internally. After a month, the chiropractor sent us home."

Stewart said his father's health improved dramati-

cally after receiving chiropractic treatment. In late 2011, when Douglas Stewart retired, and he and his wife were weighing franchise options, they were drawn to the Joint Corp. chiropractic franchises because of his father's overwhelmingly positive experience with chiropractic care.

"My dad, if he were here today, would tell you that the remission of the scleroderma was due to the fact that he went to visit that chiropractor," Stewart said. "That's why we became interested in this whole concept to be able to provide people with affordable and convenient chiropractic care because we truly believe that it can benefit the community – and that's why we're dedicating this clinic to him."

The Joint chiropractic



Contributed photo

Douglas Stewart has dedicated The Joint in The Woodlands to his late father.

clinics offer routine chiropractic care at affordable rates and are located in high-traffic areas in an effort to make visits to the chiropractor more convenient. After the initial visit, Stewart said patients can receive an adjustment from a licensed chiropractor in approximately 10 minutes.

"We give a key fob to each of the patients when they first come in, and that key fob identifies them at any one of the clinics, regardless of where it might be in the country, so that they never have to fill out any more paperwork," Stewart said.

For more information

on the Joint chiropractic clinic in Market Street, call 281-465-8555 or email marketstreet@thejoint.com. To learn more about the Joint, visit www.thejoint.com.

Megan Mattingly-Arthur is a freelance writer. She can be reached at neighborhoods@chron.com.

VOLUNTEERING

By Volunteer Houston

Here are the latest local volunteer opportunities through Volunteer Houston, a nonprofit group that helps match volunteers and organizations throughout the area.

Share your pet with elderly in nursing home

Cold noses warm hearts when volunteers bring their pets to visit residents of nursing homes and assisted living facilities in north Houston, Tomball, and Montgomery County. The sight and touch of these

amiable animals bring a lot of joy and much-needed stimulation to these folks. Visits can be arranged for daytime hours on weekdays or weekends. Call now to start the registration process for a volunteer training session to be held in Spring in late February.

Greet travelers, answer questions at Bush Airport

Arrivals and departures goes a little more smoothly for travelers at Bush Airport thanks to the efforts of airport information booth volunteers. These volunteers

greet passengers, direct them to various areas of the airport, and answer questions about getting to their destinations in the Houston area. Weekly four-hour shifts are available on weekdays and weekends, during the daytime or evening.

Help homebound run errands, get to appointments

The homebound elderly in Montgomery County maintain their independence a little more easily thanks to volunteers with a faith-based social service agency in The Woodlands. As needed, these volun-

teers take the seniors to medical appointments and grocery stores. If you have a good driving record, consider using your car or van to help one or more of these folks run essential errands. The most pressing need is for volunteers willing to help out on occasional weekdays.

Emergency room help needed at area hospital

Emergency room volunteers are wanted at a large nonprofit hospital in Humble. Core duties will involve escorting patients and their families to appropriate areas, assisting

How to help

Volunteer Houston features a variety of local volunteer opportunities in the community. For more information, call 713-965-0031 from 9 a.m.-5 p.m. Monday-Friday. **Additional opportunities:** www.volunteerhouston.org

with triage procedures, stocking supply shelves, and making beds. Weekly duty shifts last four hours and are available during the morning or afternoon on weekdays or weekends. Designated volunteer parking is free, as is a meal in the hospital cafeteria for each shift worked.

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